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COMMONWEALTH OF MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH DIVISION OF HEALTH CARE QUALITY 99 CHAUNCY STREET, 2TH FLOOR BOSTON, MA 02111-1703

Application for Primary Stroke Service

In accordance with the Licensure Rules and Regulations for Hospitals in the Commonwealth of Massachusetts, the undersigned hereby applies for designation to establish a Primary Stroke Service as set forth under provisions of 105 CMR 130.1400.

NAME OF HOSPITAL:		
ADDRESS:Street	City/Town	Zip Code
NAME OF CONTACT PERSON:		
TELEPHONE NUMBER:	EMAIL ADDRESS:	
NAME OF CEO or DESIGNEE:		
SIGNATURE CEO or DESIGNEE:		DATE:

PLEASE RETURN THE COMPLETED APPLICATION TO THE ABOVE ADDRESS

dphcq #481 Rev. 5.12.04

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130.1400: Purpose

The purpose of 105 CMR 130.1400 through 105 CMR 130.1413 is to establish standards for the designation of a Primary Stroke Service in a hospital with licensed Emergency Services.

130.1401: Definitions

Acute Hemorrhagic Stroke (a subtype of Acute Stroke) means the relatively rapid onset of a focal neurological deficit with signs or symptoms persisting longer than 24 hours and not attributable to another disease process. Initial CT/MRI may show evidence of acute brain hemorrhage (either intracerebral or subarachnoid blood) or no evidence of blood on imaging in the presence of blood in the subarachnoid space by lumbar puncture.

Acute Ischemic Stroke (a subtype of Acute Stroke) means the relatively rapid onset of a focal neurological deficit with signs or symptoms persisting longer than 24 hours and not attributable to another disease process. Initial CT/MRI may show evidence of acute ischemic changes or no evidence of stroke.

<u>Acute Stroke</u> means the relatively rapid onset of a focal neurological deficit with signs or symptoms persisting

longer than 24 hours and not attributable to another disease process. Acute stroke includes both ischemic and hemorrhagic stroke, and requires brain imaging to define the stroke subtype.

Acute Stroke Expertise means any of the following: (1) completion of a stroke fellowship, (2) participation (as an attendee or faculty) in at least two regional, national, or international stroke courses or conferences each year, (3) five or more peer-reviewed publications on stroke, (4) eight or more continuing medical education (CME) credits each year in the area of cerebrovascular disease, or (5) other criteria approved by the governing body of the hospital.

<u>Acute Stroke Team</u> means physician(s) and other health care professionals, e.g., nurse, physician's assistant, or nurse practitioner, with acute stroke expertise available for prompt consultation consistent with time targets acceptable to the Department.

<u>Primary Stroke Service</u> means emergency diagnostic and therapeutic services provided by a multidisciplinary team and available 24 hours per day, seven days per week to patients presenting with symptoms of acute stroke.

<u>Time Targets</u> means time frames established by the Department in an advisory bulletin regarding Primary Stroke Services.

NAME OF HOSPITAL:

Yes	No	Regulations	Comments
		130.1402: Application to Provide Primary Stroke Service Each hospital seeking designation as a provider of a Primary Stroke Service shall submit an application to the Department, on forms prescribed by the Department, documenting how the hospital will meet the standards in 105 CMR 130.1400 through 130.1413.	
		130.1404: Stroke Service Director or Coordinator The hospital shall designate a licensed physician with acute stroke expertise, who can represent the Primary Stroke Service and evaluate the hospital's capabilities to provide the required services, as the Stroke Service Director or Coordinator.	Name: Title:
		130.1405: Written Care Protocols (A) The hospital shall develop and implement written care protocols for acute stroke. Such protocols shall include both the emergency and post-admission care of acute stroke patients by a multidisciplinary team. The hospital shall treat eligible patients according to its written care protocols consistent with time targets acceptable to the Department. These protocols shall address issues such as stabilization of vital functions, initial diagnostic tests, and use of medications (including but not limited to intravenous tissue-type plasminogen activator (t-PA) treatment), as applicable. These protocols shall be based on previously published guidelines or developed by a multidisciplinary team organized by the Stroke Service. Written care protocols for acute stroke shall be available in the Emergency Department (ED) and other areas likely to evaluate and treat patients with acute stroke. (B) Emergency Department (ED) Stroke Protocols 1. The hospital shall develop and implement written protocols for triage and treatment of patients presenting with symptoms of acute stroke in the Emergency Department (e.g., use of thrombolytic therapy, management of increased intracranial pressure and blood pressure and post-thrombolysis management plan, as applicable).	A) Written acute stroke protocols are available in: Emergency Department Yes No Other Telemedicine Services used Yes No Briefly describe

NAME OF HOSPITAL:

Yes	No	Regulations	Comments
		2. The protocols shall include a method for communicating effectively with Emergency Medical Service (EMS) personnel in the pre-hospital setting during transportation of a patient with symptoms of acute stroke. The ED must be able to efficiently prepare for the arrival, to receive, and to triage patients with symptoms of acute stroke arriving via EMS transportation.	(B)(3) Acute Stroke Team has been designated Yes No
		3. The hospital shall develop and implement a specific, well-organized system for promptly notifying and activating the Acute Stroke Team to evaluate patients presenting with symptoms of acute stroke.	The team is available 24 hrs/day, 7 days/wk Yes No
		(C) Post-Admission Care Protocols	
		The hospital shall develop and implement written protocols for the post-admission care of acute stroke patients.	
		130.1406: Neuroimaging Services (A) The hospital shall have the ability to promptly perform brain computed tomography (CT) or magnetic resonance imaging (MRI) scans consistent with time targets acceptable to the Department.	(A) CT Scanning Services (technologists) are available 24 hours per day, 7 days per week Explain in-house/on-call arrangements for CT coverage MRI Scanning Services (technologists) are available 24 hours per
		(B) The hospital shall provide prompt interpretation after study completion by a physician with experience in acute stroke neuroimaging, consistent with time targets acceptable to the	day, 7 days per week Explain in-house/on-call arrangements for MRI coverage
		Department. Neuroimaging interpretation may be provided directly by a staff physician at the hospital or by contractual arrangement with consultant physician(s). Physicians providing neuroimaging interpretation shall be available in the hospital or through remote access	(B) Neuroimaging interpretation services are staffed 24 hours per day, 7 days per week Explain in-house/on-call arrangements for coverage
		(e.g., teleradiology).	Teleradiology Services are used Yes No Briefly describe
		130.1407: Other Imaging and Electrocardiogram Services The hospital shall have the ability to promptly perform and evaluate	The following services are staffed and available 24 hours per day, 7days per week:
		chest x-rays and electrocardiograms consistent with time targets acceptable to the Department.	CXR Services Yes No EKG Services Yes No

Yes	No	Regulations	Comments	
		130.1408: Laboratory Services The hospital shall have the ability to promptly perform and evaluate routine serum chemistry, hematology and coagulation studies for acute stroke patients, consistent with time targets acceptable to the Department.	Laboratory Services are staffed and available 24 hours per day, 7 days per week Yes No	
		130.1409: Neurosurgical Services (A) The hospital shall develop and implement written protocols for patient access to neurosurgical evaluation and/or intervention within a reasonable period of time, which may include transfer to another hospital, consistent with time targets acceptable to the Department.	(A) Neurosurgical Services are available 24 hours per day, 7 days per week, in-house, on-call or by transfer arrangement Yes No Explain arrangement for coverage	
	hospital, the hospital shall maintain a transfer agreement that describes the responsibilities of each hospital and is signed by the Stroke Service Director, the Medical Director of each hospital or his/her designee, and the Chief Executive Officer of each hospital or his/her designee.		(B) Transfer Agreement has been established Yes No Name of Hospital Date of Agreement	
		130.1410: Quality Improvement (A) The hospital shall implement and maintain an effective, data-driven quality assessment and performance improvement program for the Primary Stroke Service.	(A) QI protocols have been developed Yes No	
		(B) The hospital shall collect and analyze data, as defined by the Department, on patients presenting to the ED with acute ischemic stroke who arrived within three hours of symptom onset, to identify opportunities for improvement in the service.		
		(C) The hospital shall submit data in a manner defined by the Department and in accordance with protocols established by the Department in an advisory bulletin.	Vendor Contract signed Yes No	

NAME OF HOSPITAL:

Yes	No	Regulations	Comments
		130.1411: Continuing Health Professional Education The hospital shall provide hospital-based staff education that addresses the needs of physicians, nurses, allied health professionals, and Emergency Medical Services (EMS) personnel. The program shall include ongoing formal training of ED and EMS system personnel in acute stroke prevention, diagnosis and treatment.	A written plan for <i>health professional</i> education has been developed for: Orientation training Yes No Ongoing training Yes No
		130.1412: Community Education The hospital shall offer community education that provides information to the public regarding prevention of stroke, recognition of stroke symptoms, and/or treatment of stroke.	A written plan for <i>community</i> education initiatives has been developed Yes No
		130.1413: Primary Stroke Service Review The Primary Stroke Service protocols referenced in 105 CMR 130.1405 shall be reviewed and revised as necessary and at least annually by a committee designated by the governing body of the hospital and including the Stroke Service Director or Coordinator. The review must incorporate at a minimum the number of stroke patients, types of strokes evaluated, nature of any complications of thrombolytic therapy, and compliance with 105 CMR 130.1400 through 130.1413, including adherence to the time targets.	Protocols Review Date Reviewed by Name Title

Please complete the following:

1)	Total number of acute ischemic stroke	patients admitted to the hos	pital in Fiscal Year 2003

- 2) Total number of acute ischemic stroke patients who received intravenous t-PA in the hospital in Fiscal Year 2003_____
- 3) Estimated date that the hospital will be ready for on-site survey_____